



Allergens

The table shows the allergens contained in the dishes. Please note that all dishes may contain milk, eggs, peanuts, tree nuts, soy, fish, shellfish, sesame, wheat, sulfites and mustard.

	Milk	Eggs	Peanuts	Nuts	Soya	Fish, shellfish and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Breakfast menu										
Morning pizzas (served with seasoned potatoes and fruits)										
Lumberjack	X	X						X		
Breakfast panzerotti	X	X			X			X		
Sweet & salty	X	X						X		
Western	X	X						X		
Morning classics (served with 2 slices of white toast, seasoned potatoes, and fruits)										
Egg to taste	X	X			X			X		
1 egg to taste with bacon	X	X			X			X		
1 egg to taste with cretons	X	X			X			X		
1 egg to taste with baked beans	X	X			X			X		
1 egg to taste with ham	X	X			X			X		
1 egg to taste with sausages	X	X			X			X		
Brunch plate	X	X			X			X		
Gourmet combos (served with 2 slices of white toast [except for the Classic Béné and Philly combos], seasoned potatoes, fruits, and maple syrup [except for the Banana Split combo])										
Omelet combo - pancake	X	X			X			X		
Omelet combo - thin crepes	X	X			X			X		
Omelet combo - french toast	X	X			X			X		
Classic benedict combo - pancake	X	X			X			X		
Classic benedict combo - thin crepes	X	X			X			X		
Classic benedict combo - french toast	X	X			X			X		
Philly benedict combo - pancake	X	X			X			X		
Philly benedict combo - thin crepes	X	X			X			X		
Philly benedict combo - french toast	X	X			X			X		
Banana split combo with bacon	X	X		X	X			X		
Banana split combo with cretons	X	X		X	X			X		

Breakfast menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, shellfish and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Banana split combo with baked beans	X	X		X	X			X		
Banana split combo with ham	X	X		X	X			X		
Banana split combo with sausages	X	X		X	X			X		
Sweet and salty combo with pancake and bacon	X	X			X			X		
Sweet and salty combo with pancake and cretons	X	X			X			X		
Sweet and salty combo with pancake and baked beans	X	X			X			X		
Sweet and salty combo with pancake and ham	X	X			X			X		
Sweet and salty combo with pancake and sausages	X	X			X			X		
Sweet and salty combo with thin crepes and bacon	X	X			X			X		
Sweet and salty combo with thin crepes and cretons	X	X			X			X		
Sweet and salty combo with thin crepes and baked beans	X	X			X			X		
Sweet and salty combo with thin crepes and ham	X	X			X			X		
Sweet and salty combo with thin crepes and sausages	X	X			X			X		
Sweet and salty combo with french toast and bacon	X	X			X			X		
Sweet and salty combo with french toast and cretons	X	X			X			X		
Sweet and salty combo with french toast and baked beans	X	X			X			X		
Sweet and salty combo with french toast and ham	X	X			X			X		
Sweet and salty combo with french toast and sausages	X	X			X			X		
Skillet (served with 2 slices of white toast and seasoned potatoes)										
3 meat	X	X			X			X		
Homestyle	X	X			X			X		
Garden	X	X			X			X	X	
Hollandaise	X	X			X			X		
Tao fried chicken	X	X			X		X	X	X	
Poutine	X	X			X			X		
Salmon & brie	X	X			X	X		X		
Stuffed omelets (served with 2 slices of white toast, seasoned potatoes, and fruits)										
3 meat	X	X			X			X		
Spanish	X	X			X			X		
Ham, bacon & swiss cheese	X	X			X			X		

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Western	X	X			X			X		
Benedict eggs (served with an English muffin, seasoned potatoes, and fruits)										
Cantonnier	X	X			X			X		
Mushrooms, brie & spicy honey	X	X			X			X		
Classic	X	X			X			X		
Philly	X	X			X			X		
Salmon & brie	X	X			X	X		X		
Crepes and French toast (with fruits and maple syrup)										
Pancakes	X	X			X			X		
Thin crepes	X	X						X		
French toast	X	X			X			X		
Breakfast sandwiches (served with seasoned potatoes and fruits)										
Ham & cheese croque-monsieur	X	X						X		
Classic grilled cheese	X				X			X		
Philly grilled cheese	X				X			X		
Drinks										
Hot chocolate	X				X					
Orange juice										
Apple juice										
Apple-grape juice										
Milk	X									
Chocolate milk	X				X					
Smoothies										
The Tropic	X									
Lime Mojito									X	
Oasis	X									
Pina colada	X								X	
Strawberry shortcake	X									
A la carte										
Bacon										
Peanut butter			X		X					

Breakfast menu	Milk	Eggs	Peanuts	Nuts	Soya	Fish, shellfish and molluscs	Sesame	Wheat and gluten sources	Sulfites	Mustard
Strawberry - jam										
Raspberry - jam										
Orange marmalade - jam										
Fruit cup										
Indulgent fruit cup	X			X	X			X		
Pancake and maple syrup	X	X			X			X		
Cretons										
Baked beans										
Ham										
Egg		X			X					
French toast and maple syrup	X	X			X			X		
Seasoned potatoes								X		
Toast white bread and margarine	X				X			X		
Toast brown bread and margarine	X				X			X		
Toast white bread with 2 slices of cheese	X				X			X		
Sausages								X		
Maple syrup										